



Milwaukee County Senior Dining

UNITED COMMUNITY CENTER

730 W. WASHINGTON STREET

FEBRUARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
\$3.00 GUEST: 8.00 12:00 LUNCH	Like us on facebook. RESERVATIONS REQUIRED 649-2807	Para reservar su almuerzo favor de llamar al 649-2807	Steak Ranchero Brown Rice Mixed Vegetables Dinner Roll Orange Juice Pineapple Tidbits	Tomato Soup Macaroni w/Meat Whole Green Beans Spinach Salad Breadstick Chilled Peaches	Pepper Steak Brown Rice Stir-Fry Vegetables Bread Mixed Fruit	Beef Soft Tacos Mexican Rice Beans Chopped Lettuce & Tomato Shredded Cheese Fresh Fruit Cookie
5 Chicken Noodle Soup Puerto Rican Steak Puerto Rican Rice Green Salad w/Dressing Wheat Bread Fruit Cocktail Cookie	6 Beef Pot Roast w/Carrots, Onions, Celery Green Beans in Savory Sauce Roasted Potatoes Sourdough Bread Sliced Peaches	7 Meatloaf Onion Gravy Mashed Potatoes Stewed Tomatoes w/Onion & Green Pepper Multigrain Bread Applesauce	8 BBQ Chicken Leg Cheesy Diced Potato Casserole Peas & Carrots Buttermilk Biscuit Fresh Fruit	9 Chicken Enchilada Casserole w/Sour Cream Mexican Corn Mixed Greens Salad w/Dressing Whole Grain Bread Fruit Cocktail	10 Chipotle Meatballs Mexican Rice Mexican Beans Vegetables Tortillas Diced Pears	11 Bistec Encebollado White Rice Beans Fresh Salad Whole Grain Bread Fresh Fruit
12 Peachy Pork Roast Yukon Mashed Potatoes Whole Baby Carrots Mixed Greens French Dressing Multi Grain Bread Cinnamon Applesauce	13 Chicken Fajitas Brown Rice Sautéed Vegetables Tortilla Fruit Juice Fresh Fruit	Ash Wednesday 14 Cream of Broccoli Veggie Lasagna Sweet Corn Salad Dinner Roll Apple Pie	15 Cochinita Pibil Mexican Rice Mexican Beans Garlic Butter Sautéed Asparagus Flour Tortilla Diced Peaches	16 Baked Fish Steamed Red Potatoes Creamy Coleslaw Dinner Roll Fresh Fruit	17 Chicken Fricassée White Rice Mixed Salad Pineapple Juice Wheat Roll Cookie	18 Steak Fajitas Mexican Rice Salad Sautéed Vegetables Flour Tortilla Mixed Fruit
19 BBQ Boneless Pork Rib Mac and Cheese Spinach Salad/Dressing Whole Grain Dinner Roll Grape Juice Chilled Peaches	20 Vegetable Soup/Crackers Polish Sausage/Whole Grain Bun Ketchup & Mustard Calico Baked Beans Parsley-Boiled Potatoes Mixed Fruit	21 Grilled Chicken Breast Potato Salad Steamed Broccoli & Cauliflower Fresh Fruit Cookie	22 Sweet & Sour Pork Hawaiian Fried Rice Sweet Potato Casserole Hawaiian Coleslaw Hawaiian Yeast Dinner Roll Cookie	23 Cheese Enchiladas Mexican Rice Mexican Beans Lettuce & Tomato Salad Fresh Fruit Birthday Cake	24 Whole Grain Spaghetti Meatballs Green Beans Italian Bread Apple Juice Fresh Fruit	25 Beef Stew Brown Rice California Blend Wheat Bread Diced Pears
26 Sweet & Sour Chicken w/Onion, Carrots & Peppers Brown Rice California Blend Pineapple Juice Wheat Bread Fresh Fruit	27 Barley Soup/Crackers Glazed Ham Slice Potato Salad Mixed Vegetables Wheat Roll Fresh Fruit Cookie	28 Chicken Marsala Baked Potato Sour Cream Italian Vegetable Blend Vienna Bread Fruit Cocktail				

